

# EMERGENCY FOOD BAGS

We need your help to create emergency food bags for folks who are unable to shop in our marketplace, but still need support so they don't go hungry! This offsite project is great for groups of all sizes and age ranges, and makes a huge difference in ensuring neighbors in need have enough food to eat.

## HOW YOU CAN HELP!

1

### **Decide how many bags you would like to make.**

You could donate 1 or 1,000, depending on how many people are helping out and what resources you have available. Any amount makes a huge impact!

2

### **Collect items for your kits.**

You can purchase the items, or host a drive to collect donations! This may be at a grocery store, school, sport event, place of work, etc. The items needed for each bag are:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> A box of pasta     | <input type="checkbox"/> A box of cereal bars   | <input type="checkbox"/> A can of tuna       |
| <input type="checkbox"/> Canned pasta sauce | <input type="checkbox"/> A jar of peanut butter | <input type="checkbox"/> A bag of rice       |
|   |   | <input type="checkbox"/> 2 packages of ramen |

Please do **NOT** include any items in glass containers, as they easily break.

3

### **Create the kits.**

Place the items in a plastic grocery bag and tie the bag up. Please put all the items in just one bag to make it easier to distribute.

4

### **Drop off the kits!**

When you are finished making the kits, you can drop them off at FISH! Our drop off times are Mondays, Tuesdays, Wednesdays, and Fridays from 8 am – 4:30 pm and Thursdays between 8 am – 12 pm. Please come to the east-side donation door and find a volunteer or staff member to weigh in your donation and record it at our kiosk.

Thank you so much for supporting our marketplace by assembling and donating emergency food bags. If you have any questions, please contact us at:

[info@broomfieldfish.org](mailto:info@broomfieldfish.org) | 303-465-1600