



Also known as The Special Supplemental Nutrition Assistance Program for Women, Infants, and Children, the WIC program aims to safeguard the health of low-income women, infants, and children who are at nutrition risk. The program supports health by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

## WIC Serves

- Pregnant Women
- Breastfeeding Women
- Non-Breastfeeding Postpartum Women
- Infants
- Toddlers and Children up to Age 5



While SNAP and WIC have different eligibility requirements, they generally share the same income guidelines. In fact, you may automatically be eligible for WIC programs after enrolling in SNAP.

[Click Here to See WIC's Eligibility Requirements](#)